



## Available Seminars:

### Childhood and Adolescence Issues:

- Adolescent Internet Use
- Autism: Diagnosis and Treatment
- Behavioral Issues in Young Children
- Bereavement in Children and Adolescents
- Bullying
- Female Adolescent Issues
- Grief in Childhood and Adolescence
- Male Adolescent Issues
- My Body and Feelings are Mine: Keeping Kids Safe from Sexual Abuse
- Pervasive Developmental Disorders in Children
- Reactive Attachment
- Sexual Purity for Teens
- Transitioning to Middle School
- Understanding ADHD: Signs, Symptoms, Treatment
- Understanding the Emotional Health of Children

### Divorce and Blended Family Issues:

- Blended Families and Their Challenges
- Christians and Divorce
- Co-Parenting for Divorced Parents
- Divorce Recovery
- How to Prevent Divorce
- Post-Divorce Families

### Family and Parenting:

- A Healthy Model for Dating: Navigating Romance with Your Teen
- Adolescence for Parents
- Couples Who Have Lost a Child/Stillbirth
- Development
- Discipline and Correction
- Good Enough Parenting
- How Close is too Close? Signs your Teenage Daughter is in an Unhealthy or Dangerous Romantic Relationship

- How to Help Your Child be Authentic and Psychologically Healthy
- Keeping Children Safe While Using the Internet: A Parent's Primer
- Parent Training
- Protecting Your Family- How Modern American Culture Affects Our Relationships.
- Starting Middle School: Helping Your Child Make the Leap
- Transition to Empty Nesting: Reclaiming Yourself
- What Not To Do When Your Child is Overweight: Good Solutions to Building Positive Body Image

### For Other Professionals:

- An Introduction to the Signs and Symptoms of Mental Illness
- Assessment: ADHD Evaluations and Learning Disorders
- Autism Spectrum Disorders
- Clinical Supervision
- Community Care Teams: Equipping Communities to Care for their Own
- Ethical Issues with Terminal Patients
- Helping the Hurting: Basic Listening Skills Development
- Neurobiology and the Treatment of Major Depressive Disorder
- Parent-Child Interaction Training (PCIT)
- Psychiatric Issues and Differential Diagnosis
- School Consultation and Learning Disabilities
- Serious Mental Illness:
  - Axis II Disorders
  - Bipolar Disorder
  - Dissociative Disorders
  - Schizophrenia

Continued on other side...

- The Low Down on Inpatient Care: Is Hospitalization the Right Move for Your Adolescent/Child Client?
- The Must-Knows of Counseling Teenagers (for lay helpers)
- Understanding and Intervening with Child Molesters
- When and How to Refer Kids for Counseling
- Working with Difficult Clients

#### General:

- A Lifelong Dialogue About Sexuality
- Anger Management Seminar Series
- Basic Psychopharmacology
- Building Blocks of Family and Community
- Community Prevention
- Eating Disorders
- Getting Healthy, Staying Healthy: Reducing Stress in Your Life
- Grief
- Medical Problems
- Mid-life Transitions
- Natural Helper Training
- Overcoming Anxiety
- Pornography: Secrets and Lies
- Recovery from Codependency
- Stress Management
- What is Life/Executive Coaching, and How Does it Benefit People?

#### Marriage:

- Building a Solid Foundation: Premarital Workshop
- Marital and Pre-Marital Counseling – ENRICH
- Marital High Conflict – Imago
- Marriage Enrichment: Strengthening Marriages from the Inside and from the Outside
- Meeting Each Others' Needs: Marital Workshop
- Recapturing Marital Closeness

#### Spirituality:

- Addressing Change in the church (for leadership mainly)
- Biblical Education and Discipleship: Information for Parents
- Children's Spiritual Formation
- Christians and Divorce
- Health and Spirituality
- Mental Spiritual Formation
- Mid-Life Faith Challenges
- Religious and Cultural Meanings of Death and Dying
- Spiritual Disciplines for Couples

#### Women's Issues:

- A Woman's Mid-life Crisis - Easing the transition
- Anxiety Issues: Phobia, Panic & Correlation of Mid-Life Women
- Developing More Fulfilling Relationships
- Transition to Motherhood: Don't Lose Yourself
- Women and Body Image
- Women and Depression
- Women and Life Transitions

#### Workplace:

- Equine Assisted Team Building
- Promoting Teamwork in the Workplace
- Understanding and Preventing Burnout